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# CHRISTCHURCH DENTAL



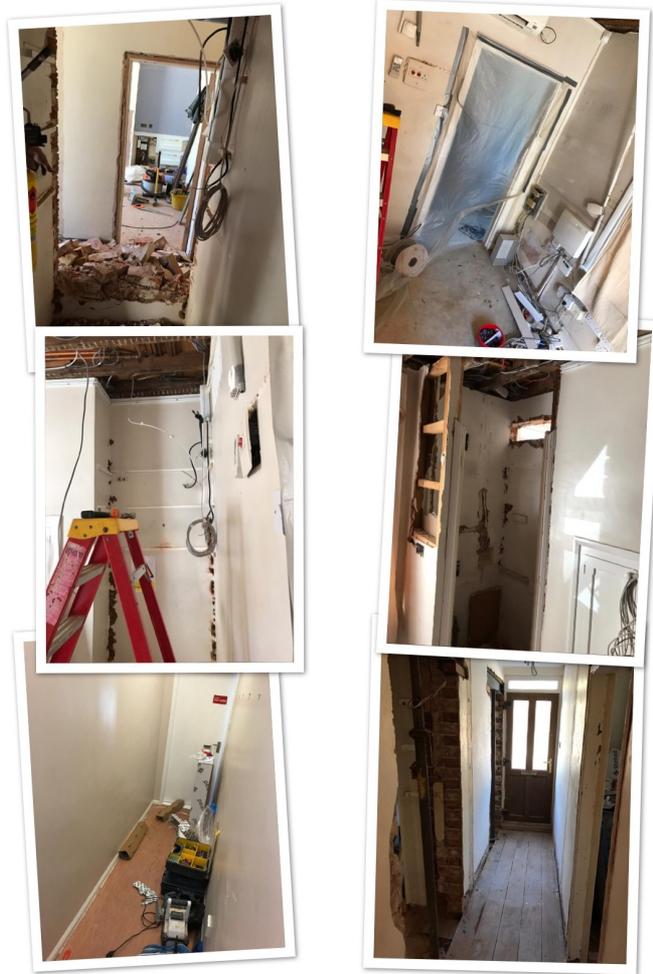
Welcome to the second newsletter of the year.

We have had a very busy Spring here at Christchurch Dental so without further ado lets share what we have been up to

## Expansion Progress

We began our expansion works in March. Many of you may have been in for your dental visits in this time and seen the works taking form. Its be a long few months for us but we are holding on to the end result. Much of the disruptive work is now complete and we hope the works should come to an end within the next 6 weeks. If you have an upcoming August appointment brace yourselves for the completed makeover.

Here are some pictures of what has been occurring over the last few months



### Best Chocolate Cake

You haven't really experienced chocolate cake until you have tried and tested this recipe. Its a team favourite made by our Practice Manager - Cara, who has been kind enough to share the recipe with us. We are sure after trying this recipe, it will be a firm favourite of yours too.



- 3/5g caster sugar
- 225g plain flour
- 65g best quality cocoa powder
- 1 1/2 teaspoons bicarb of soda
- 1 1/2 teaspoons baking powder
- 1 teaspoon salt
- 2 eggs
- 250ml milk
- 125ml vegetable oil
- 225ml boiling water
  
- **Chocolate buttercream**
- 175g butter
- 125g cocoa powder
- 650g icing sugar
- 150ml milk
- 1 teaspoon vanilla extract

Prep:30min › Cook:35min › Extra time:25min › Ready in:1hr30min

#### Method

1. Preheat oven to 180 C / Gas 4. Grease and flour two 23cm cake tins.
2. Use the first set of ingredients to make the cake. In a medium bowl, stir together the sugar, flour, cocoa, bicarb, baking powder and salt. Add the eggs, milk and oil, mix for 3 minutes with an electric mixer. Stir in the boiling water by hand. Pour evenly into the two prepared tins.
3. Bake the cakes for 30 to 35 minutes in the preheated oven, until a skewer inserted comes out clean. Cool for 10 minutes before removing cakes from tins to cool completely.
4. To make the icing, use the second set of ingredients. Cream butter until light and fluffy. Stir in the cocoa and icing sugar alternately with the milk and vanilla. Beat to a spreading consistency.
5. Split the layers of cooled cake horizontally, cover the top of each layer with icing, then stack them onto a serving plate. Ice the outside of the cake.

#### Kristina's Smile

Kristina wrote us a lovely review in May - Kristina had Invisalign treatment with us which completed back in 2013. She was so pleased with the practice that both her and her family joined us for their routine dentistry. We love seeing our clients through their smile journeys here at Christchurch and thereafter. Thank you for staying with us Kristina. Its a pleasure seeing you and your family and look at that smile 6 years on. A smile to be proud of!



*Myself and my family have been clients of Christchurch Dental for several years now and feel we could not be in better hands for our dental care. I first met Derek and his team when I decided to have Invisalign treatment to straighten my teeth. My course of treatment was excellent and I was thrilled with the results, and still am! Since then, I have continued to visit Christchurch Dental along with my family for all our routine dental care. It is always a pleasure to deal with the friendly team and my children always look forward to their visits. The surgery itself is bright and spotless, with all treatment and advice given in a highly professional manner.'*



Derek spent a weekend in May at the Association of Dental Implantology Congress in Edinburgh expanding his knowledge to give our clients the best possible treatment outcomes.

#### Farewell Carol

We said farewell to Carol at the end of March.

Carol joined the Practice on 29th March 1990 and retired exactly 29 years later on the 29th March 2019.

We have been honoured to have such a great nurse working for us. Carol decided to hang up her gloves and mask to spend more time with her family and young grandchildren. She is looking forward to travelling more with her husband Steve. She will miss all the lovely clients at Christchurch and of course the Christchurch Dental family. We wish you a long and happy retirement Carol.



### Warm Welcomes

#### Welcome aboard Gabi

We welcomed Gabi to our team in April. Gabi is a qualified and registered nurse with an additional qualification in dental radiography. She brings with her a wealth of dental nursing experience and is already proving to be a great asset to the team. Welcome aboard Gabi.



#### Welcome aboard Suzie

We also welcomed Suzie to our team in April. Suzie has joined Anna and Clem increasing our hygiene team to a strong team of 3.

Suzie has been qualified and practising as a hygienist for the past 9 years. Welcome aboard. A great asset to the team and our clients have given us some positive feedback.

*'Dear Derek, I'm sending you this short note because yesterday your newest hygienist Suzie gave my teeth an excellent clean and polish. I just want to let you know that Suzie is another addition to your great team at Christchurch Dental'*



The team continues to grow with the building and we have more team members lined up which we will announce in the next newsletter. Watch this space.

### This editions birthday wishes.....



Cara celebrated her birthday in March, and she is with her birthday flowers

We hope you enjoyed the read.  
Have a great few months.

Best Wishes  
The Christchurch Team



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